

Public Health Impact Diabetes Wellness Programs

Lake County Tribal Health Consortium, Inc.

An estimated 1,400 Native patients have directly or indirectly benefited from the LCTHC Diabetes Wellness Programs

Building community Awareness

In the beginning (2014) there was a vague awareness most feel DM was a local problem but there was not motivation to do anything about it.

Now in 2019, there is clear recognition of the problem with activities supported by administration and community & staff are trained and experienced



Improving Self-Management ↓ Complications



More Native Diabetic patients are in good control of their ABC bundle (A1C, blood pressure & cholesterol) preventing kidney disease, eye problems, amputations and nerve damage -- **Saving millions of dollars in health cost.**



Achieved Recognition



*The American Diabetes Association Recognizes this education service as meeting the National Standards for Diabetes Self-Management Education and Support.

Door-to-Door Peer-to-Peer DSMES Workshops

In 2019, **82% of active DM patients** (140 patients) have attended at least 1 DSMP workshop compared with **10 patients (5%)** before DSMES in 2014



88%

The percentage of DSMES participants that are **confident they can manage their diabetes** compared to **59%** before taking a DSMES workshop



Community Empowerment

Hinth'el Diabetes Action Council (HDAC) creates **strategic plan**. Youth HDAC mentors **15 youth leaders**

