

PARENTING CLASSES

INFANT DEVELOPMENT

Babies Are Us



Healthy Infant Development is the foundation for a strong and successful life. LCTHC strives to see parents and their children thriving together to nurture family bonds.

Come join us to learn:

- Infant Care and Taking Care of Your Baby's Basic Needs
- Physical Development and Motor Function 'Month-by-Month'
- Social and Emotional Development and Support
- Positive Parenting Approaches
- Help in Making Informed Parenting Choices for Your Family
- SIDS Prevention and Safe Practices
- Your Questions Answered

Where: Legacy Court, 1950 Parallel Drive
Lakeport, CA 95453

When: Every 3rd Wednesday of each month
at 1:00 pm

Coffee and lunch provided

Please contact Seanie Egger:
707.263.8382 Ext. 1303 for more information

INFANT/TODDLER Play Group



Does your infant/toddler need help socializing?
Do you want to learn techniques to teach your child how to positively interact with others?
Need someone to talk to?

Join us for the play group!

We will use play to engage your child in activities and provide social interaction with other children and adults. Some of our focus areas include:

Music and Movement

Block Play

Art Activities

Sensory Exploration

Emotional Awareness

Language and Literacy

Other resources are available at each class. These include a weekly discussion topic on Early Childhood Education and Child Development.

Where: Legacy Court, 1950 Parallel Drive
Lakeport, CA 95453

When: Every 2nd and 4th Wednesday of each month at 1:00 pm

Coffee and lunch provided

Please contact Seanie Egger:
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Lake County Tribal Health

Modern Medicine  Personalized Care

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