

Learn How to Grow Your Own Food!

GARDEN CLASSES



2021 LCTHC VIRTUAL GARDEN CLASSES

ZOOM LINK: <https://us02web.zoom.us/j/85465907174>

CONTACT: Nasbah Ben (707) 263-8382 x1632 or nben@lcthc.org. Attend classes to earn points for our Garden Store!

DATE	TIME	PRESENTER	TOPIC
Fri., Jun. 25	10:00 am-11:00 am	Betsy & Laurel Phillips	Bee Keeping
Fri., Jul. 9	6:00 pm-7:00 pm	LCTHC–Paige Baranco	Harvest of the Month! Cook-along for your veggie boxes.
Fri., Jul. 23	10:00 am-11:00 am	Louise Pagone	Salsa Garden
Fri., Jul. 30	11:00 am-11:30 am	LCTHC–Virginia Tapia	Make Your Own Compost Bin. Suggested supplies: One clear container (Ziploc bag, 2 liter bottle with top cut off) brown material (dirt, leaves, stems, newspaper), green material (veggie/fruit scraps, eggshells, banana peels, etc.), water.
Fri., Aug. 13	6:00 pm-7:00 pm	LCTHC–Paige Baranco	Harvest of the Month! Cook-along for your veggie boxes.
Fri., Aug. 27	10:00 am-11:00 am	Gabriele O'Neil	Herbal Remedies
Fri., Aug. 27	11:00 am-11:30 am	LCTHC–Virginia Tapia	Kitchen Scrap Garden. Suggested supplies: potato, toothpicks or two forks, water, glass or cup.
Fri., Sept. 10	6:00 pm-7:00 pm	LCTHC–Paige Baranco	Harvest of the month! Cook-along for your veggie boxes.
Fri., Sept. 17	11:00 am-11:30 am	LCTHC–Virginia Tapia	Make Your Own Herbal Ice Cup. Suggested supplies: one container (paper or plastic cup, Ziploc bag, Tupperware), herbs from the garden or store, water.
Fri., Sept. 24	10:00 am-11:00 am	Pauline Beltran	Seed Bombs and Native Plants
Fri., Oct. 8	6:00 pm-7:00 pm	LCTHC–Paige Baranco	Harvest of the Month! Cook-along for your veggie boxes.
Fri., Oct. 22	10:00 am-11:00 am	Louise Pagone	Butterfly Garden
Wed., Oct. 27	3:00 pm-5:00 pm	LCTHC & HDAC	Pumpkin Drive-thru Giveaway at Legacy Garden
Fri., Oct. 29	11:00 am-11:30 am	LCTHC–Virginia Tapia	Plant your Kitchen Scraps with your Compost. Suggested supplies: Kitchen Scrap Garden or a slice of tomato, compost and/or dirt, container for planting.



Lake County Tribal Health

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Modern Medicine  Personalized Care

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