



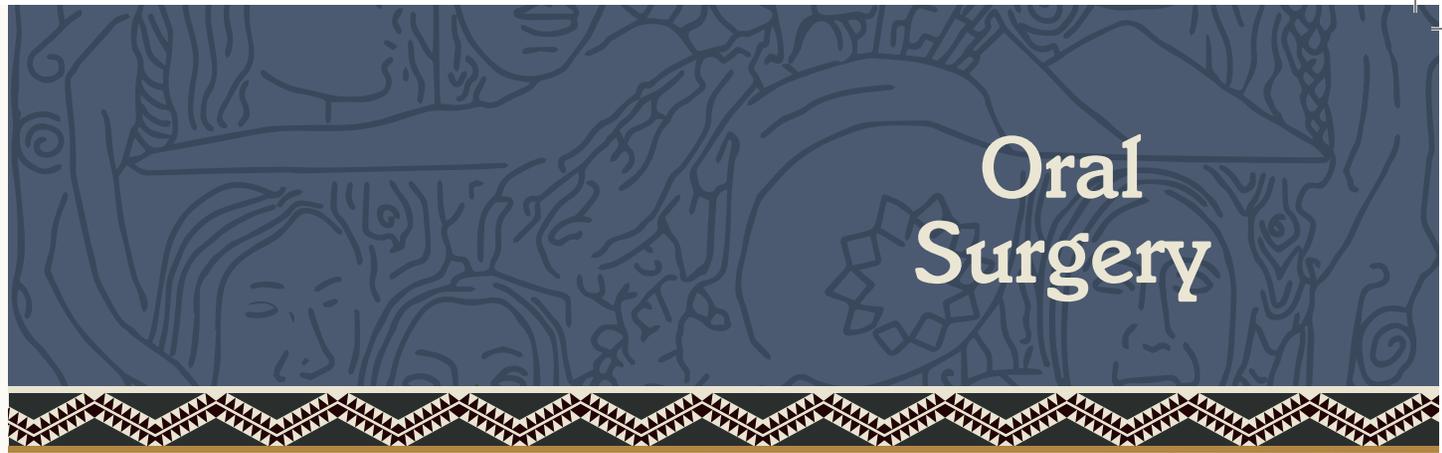
Dr. Carlos Moretta

ABOUT THE DOCTOR

Dr. Carlos Moretta was raised in Grand Rapids, MI, where he completed a degree in Dental Hygiene and practiced as a Dental Hygienist for five years. He then moved to Southern California where he completed a degree in Dentistry in 2001 and specialty training in Oral and Maxillofacial Surgery in 2009.

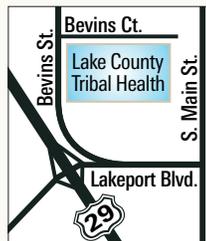
He also found in Southern California the most beautiful of all acquisitions, Dafne, his wife of 11 years. Two years ago they moved to Loma Linda, CA from Kettering, OH, where his wife had completed a residency in Internal Medicine. He now works in private practice in Northern and Southern California and serves as faculty at the Loma Linda University School of Dentistry. His wife is also completing a fellowship in Critical Care Medicine and Pulmonology.

Dr. Moretta has been with Lake County Tribal Health since January 2015. He enjoys working in ministry, mission trips, and a good work out.



Dental Department

7:30 a.m. – 5:00 p.m.
Closed for Lunch & Administration
11:40 AM–12:30 PM



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Lakeport, CA 95453
Phone:
707-263-8382 ext. 1508
Fax: 707-263-8319
Website: www.lcthc.com

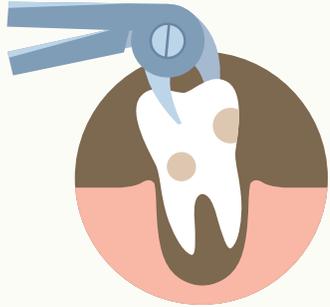


Lake County Tribal Health

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WHAT TO EXPECT DURING YOUR ORAL SURGERY EXPERIENCE



What is a tooth extraction?

The removal of a tooth from its socket in the bone.

How to prepare for your appointment

1. Eat before your appointment.
2. Arrive 10 minutes early.
3. You will be able to drive yourself, but if you feel the need to have a driver, arrange ahead of time to have one.
4. Understand that you will not be sedated, (knocked-out) during the procedure, only anesthetized (numbed).
5. If you are diabetic, make sure to take your medications and to eat prior to your appointment. Make sure to check your sugar levels.
6. Take all medications prior to your appointment unless told by your medical doctor or your dentist not to take them.



Please call us immediately if you have:

1. Heavy or increased bleeding.
2. Pain or swelling that increases or continues beyond two or three days.
3. A bad taste or odor in your mouth.
4. A reaction to the medication (rash).



What to expect at your post-op appointment

1. Your extraction site will be checked for healing.
2. If stitches were placed, they will be removed if healing is normal.



AFTER THE SURGERY

Quick tips for the first 24 hrs.

- Bite on gauze 30-60 minutes, replacing every hour until bleeding has subsided.
- No brushing, flossing or rinsing the area.
- Don't spit.
- Do not use a straw for 7 days.
- No smoking or alcoholic drinks for 72 hours.
- Limit yourself to light activities.
- Avoid eating hot or spicy food.
- Warm water salt rinses after 24 hrs, but very mildly swishing.
- If your Doctor placed stitches, do not poke, pull or try to remove them yourself.
- If antibiotics are prescribed, make sure to finish all of them.

