

# Diabetes Self-Management Workshops

**MIDDLETOWN SATELLITE CLINIC**

**1:30 p.m. - 4:00 p.m.**

**FACILITATORS:**

Millie Simon and Gemalli Austin



**SCHEDULE:**

Wednesday, July 13th

Wednesday, July 20th

Wednesday, July 27th

Wednesday, August 10th

Wednesday, August 17th

Wednesday, August 24th

**Please feel free to bring a family member or friend!**

For more information

**707-263-8382** ext. 1620



**Lake County Tribal Health**

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